



Pre-School Lunches with Nutrition and Flavor for Local Little Palates

Lolly's Early Learning Center and Haute Palate Personal Chef Service team up to bring little mouths big flavor!

Long Island City, NY (July 2010) Understanding the need for better childhood nutrition starting with the smallest members of our families, **Haute Palate**, gourmet personal chef and catering service based in Long Island City, and **Lolly's Early Learning Center**, a new private preschool located on 47th Ave between Vernon Boulevard and 5th Street in Long Island City are announcing professional chef-prepared lunches for the lucky little tots attending Lolly's. The new program will begin with the Fall 2010 school year. "We are keeping the lunches preschooler-friendly, with an emphasis on organic and nutritious ingredients, and a flavorful, gourmet preparation." – *Ilana Angeliades, Lolly's Early Learning Center.*

Little diners will feast on creations like Moroccan Lamb with Cous Cous, Salmon Croquets and Gourmet Mac and Cheese. Of course, considerations will be made for children with allergies or food intolerances. Parents will be able to log into Lolly's web site to see the menu for the upcoming month, furthering parental participation in their children's learning experience. All the food is being provided by **The Food Cellar and Co**, a local gourmet and natural market who is also offering the kids store "field trips" where tots will learn about local fresh produce, fish and meats. They will also learn how to make their own healthy pizzas to be cooked in the store's brick pizza oven!

"My four year old son is attending Lolly's and I was really excited to be able to offer this service for him and his classmates. As a mother, co-founder of **Petite Palate Gourmet Baby Food** and chef at **Haute Palate**, my goal in life is to develop and expand young palates by introducing new foods and flavors so children learn to make healthy food choices throughout their lives. Good nutrition is fundamental to a healthy, happy child." – *Lisa Beels, Haute Palate*



About Lolly's Early Learning Center

Founded in 2009 by Ilana Angeliades, Lolly's mission is to provide children with an innovative, extensive, high caliber early childhood education by using developmentally appropriate materials in an organized and safe child-centered setting.

Certified and experienced teachers provide loving guidance and support by nurturing individual needs, strengths and interests. Cognitive, social, emotional and physical development is enhanced through problem solving and creative thinking within the areas of Science, Math, Literacy, Music, Art & Drama. We promote moral, emotional and intellectual independence, enabling children to meet and exceed their individual goals.

Lolly's Early Learning Center 5-44 47th Avenue, Long Island City, New York 11101
718-729-9071, lollyslearningcenter@yahoo.com

About Haute Palate (www.HautePalate.com)

Lisa Beels has been cooking professionally for over 10 years. She attended Cordon Bleu in London, England with an emphasis in French cuisine. After returning to New York, Lisa found work as a personal chef and small caterer. Lisa also worked briefly at Simon and Schuster in cookbook publicity where she met her business partner, Christine Naylor.

Both have a love of cooking and children and a desire to help every family eat healthy. In this spirit, they co-founded **Petite Palate** (www.PetitePalate.com), a gourmet baby food company. In addition to raising their own children, they have both maintained their personal chef and catering business, co-authored, *The Petite Palate Guide to Homemade Baby Food*, and continue to teach cooking classes in the NYC tri-state area.

Lisa and Christine have appeared in numerous TV cooking segments and have authored many food and family-centered articles in print and online. They are currently working on their next book about family meals. Stay tuned!

Haute Palate Serves the New York City, Connecticut, Long Island, Westchester areas, as well as the Greater Rochester area, from our Penfield, NY location.

For information, contact Lisa at lisa@hautepalate.com or 646-242-0621.

About Food Cellar & Co.

Food Cellar and Company has been dedicated to providing the local Long Island City community with the best foods and products. They seek out the freshest, healthiest and most delicious natural products available. See www.foodcellarandco.com for more information.

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